

SUPPORTS for breastfeeding families in York Region

Are you looking for breastfeeding information and support?

There are many community resources that can assist you in establishing and maintaining a successful breastfeeding relationship with your child.

York Region Public Health Breastfeeding Clinics

York Region Public Health breastfeeding clinics offer one to one breastfeeding support and consultation. Services are provided by registered nurses, some of which are also International Board Certified Lactation Consultants.

Breastfeeding clinics are free and offered throughout York Region. For more information or to book an appointment call **1-800-361-5653**; TTY **1-866-512-6228** or visit york.ca/breastfeeding

Markham Office

4261 Hwy 7 East
Unionville

South Service Centre

50 High Tech Road, 2nd Floor
Richmond Hill

Vaughan Office

9060 Jane Street, 1st Floor
Vaughan

Tannery Mall

465 Davis Drive, Ground Floor
Newmarket

Georgina Office

24262 Woodbine Avenue
Keswick

Telephone Support

Telephone counselling and support is available from a registered nurse.

For information about our free breastfeeding clinics or to speak with a registered nurse about feeding your baby, call:

Health Connection

Phone: 1-800-361-5653, TTY 1-866-512-6228

Hours of Operation:

Monday to Friday; 8:30 a.m. to 4:30 p.m.

We are committed to making our programs accessible to persons with disabilities; please identify your needs to us.

PUBLIC HEALTH

1-800-361-5653

TTY: 1-866-512-6228

york.ca/breastfeeding

OTHER Supports



Mackenzie Health Breastfeeding Clinic

10 Trench Street
5th Floor, East Wing
Richmond Hill

By appointment
905-883-1212 (Ext. 2060)

Babies must have delivered at Mackenzie Health and be under six weeks of age

Markham Stouffville Hospital

Outpatient Breastfeeding Support
381 Church Street
Markham, Ontario

By appointment
905-472-7351

La Leche League Canada

Provides education and mother to mother support to breastfeeding families. Services include telephone support, email support and monthly meetings.

Phone: 416-483-3368
Toll-free: 1-800-665-4324
LLLC.ca

Telehealth Ontario

Telehealth Ontario is a free, confidential telephone service providing health advice or general health information from a registered nurse. These nurses are specially trained to provide information, support and referrals to breastfeeding families.

Phone: 1-866-797-0000

Private Lactation Consultants

For information about private lactation consultants in your area, contact:

Canadian Lactation Consultant Association*
clca-accl.ca

For more information:

BREASTFEEDING SERVICES OFFERED BY OTHER LOCAL HEALTH UNITS:

Toronto: 416-338-7600

Simcoe Muskoka: 705-721-7520
1-877-721-7520 (toll free)

Peel Region: 905-799-7700

Durham Region: 905-668-7711

BREASTFEEDING SUPPORTS IN ONTARIO COMMUNITIES:

Visit: ontariobreastfeeds.ca

**York Region Public Health does not endorse or take any responsibility for any independent practitioner/consultant or their services. Fees may be arranged privately between the client and the practitioner/ lactation consultant.*