

COVID-19 SELF-ASSESSMENT

Before entering this facility, please assess yourself (and, if applicable, your child or other dependants) for symptoms of COVID-19. Symptoms can be mild – similar to the flu or other common respiratory infections or more severe – and may include:

COMMON:

- Fever (37.8 degrees Celsius or greater)
- New or worsening cough
- Shortness of breath

OTHER:

- Sore throat
- Difficulty swallowing
- New taste or smell disorder(s)
- Nausea/vomiting
- Diarrhea
- Abdominal pain
- Runny nose or nasal congestion (in absence of other reasons like seasonal allergies)

There are also a number of less-common symptoms of COVID-19. For an up-to-date list of all symptoms, which changes as we learn more about the virus, please visit york.ca/covid19

IF YOU HAVE SYMPTOMS OF COVID-19:

- Do not enter this facility and return home immediately
- Seek assessment and testing as early as possible at a COVID-19 Assessment Centre
- Self-isolate for 14 days (including any members of your household or people you had close contact with from 48 hours before symptoms)

For more information on COVID-19 and COVID-19 Assessment Centres, visit york.ca/covid19 or contact York Region Public Health at 1-800-361-5653.

STAY INFORMED.

Visit york.ca/covid19