

# TRAVEL INFORMATION FOR COVID-19 TESTING

April 21, 2020

If you have symptoms of COVID-19 and need to leave your house to be tested at a COVID-19 Assessment Centre or to access health care, take a private vehicle when possible. Do not take public transit. If you need to take a taxi or ride share (e.g., Uber, Lyft) please follow these precautions.

If you are in need of urgent medical attention, call 911.

## Inform the taxi or car service that you have or may have COVID-19

- If you need to see a health care provider or get testing at a COVID-19 Assessment Centre, please call ahead to tell the taxi or car service that you have or may have COVID-19

## Wear a surgical mask

- If you cannot wear a mask, others around you should wear a surgical mask
- If the mask becomes wet or dirty with secretions, change the mask immediately
- Wash your hands after removing a used mask and before putting on a clean mask

## Wash your hands

- Before getting in the vehicle and after exiting, wash your hands thoroughly with soap and water for at least 15 seconds or use an alcohol-based hand sanitizer

## Sit in the back seat and open car windows

- Create as much physical distance as possible between you and the driver by sitting in the back seat
- Keep car windows open during the drive

## Cough or sneeze into a tissue

- While travelling, cough or sneeze into a tissue and put the tissue immediately into a disposable plastic bag. If you don't have a tissue, cough or sneeze into your elbow or sleeve, not in your hands

## Consider paying the driver with tap instead of using cash