

COVID-19:

Break the chain of transmission

IMPORTANT

Stay home and do not leave (self-isolate) for 14 days if you have ANY of the following:

- Traveled outside of Canada in the last 14 days
- Close contact with a case of COVID-19
- Close contact with a person who is sick with respiratory illness and has recently traveled outside of Canada
- A fever, new or worsening cough, or new or worsening shortness of breath
- Muscle aches, fatigue, headache, sore throat, runny nose or diarrhea

If you have or develop the symptoms listed above, please contact your healthcare provider or Telehealth Ontario at 1-866-797-0000 as well as York Region Public Health at 1-800-361-5653 for further guidance.

STAY INFORMED.
Visit york.ca/covid19